Fresh Pineapple Salsa

Serves: 4–6 (as a topping)

Ingredients:

- 1 medium-sized fresh pineapple, diced
- ½ red onion, finely diced
- 1 red pepper, chopped
- 1 jalapeño pepper, seeded and minced
- ½ cup chopped fresh cilantro or parsley
- 3 tablespoons fresh-squeezed lime juice (1-2 limes)
- ¼ teaspoon salt (or to taste)

Instructions:

1. Gently combine pineapple, red onion, garlic, red pepper, jalapeño pepper, cilantro, lime juice, and salt in a bowl. Mix gently
2. Chill briefly before serving with tortilla chips, tacos, burgers, salads, or grain bowls.

